





Introduction and Overview to Cab & Way ide Signaling





Course 105

PARTICIPANT GUIDE



Introduction and Overview to Cab and Wayside Signaling

Participant Guide

Signals Maintenance Training Consortium

COURSE 105

September 2019 Version

Disclaimer: This course is intended to educate employees of transit agencies that have agreed to voluntarily participate in the Signals Maintenance Consortium. It is intended only as informal guide on the matters addressed, and should not be relied upon as legal advice. Anyone using this document or information provided in the associated training program should rely on his or her own independent judgment or, as appropriate, seek the advice of a competent professional in determining the exercise of care in any given circumstances. The Signals Consortium, it's participating agencies and labor unions, as well as the Transportation Learning Center, make no guaranty or warranty as to the accuracy or completeness of any information provided herein. The Signals Consortium, its participating agencies and labor unions, as well as the Transportation Learning Center disclaims liability for any injury or other damages of any nature whatsoever, directly or indirectly, resulting from the use of or reliance on this document or the associated training program.

NOTE: All images contained within this document were contributed by Signals Training Consortium members unless otherwise noted.

TABLE OF CONTENTS	PAGE
How to Use the Participant Guide	vi
MODULE 1: OVERVIEW OF CAB AND WAYSIDE SIGNALING	1
1-1 OVERVIEW	3
1-2 SIGNALING SYSTEMS AND THEORY OF OPERATION	5
1-3 SIGNALING EQUIPMENT	8
1-4 SIGNAL SPECIFIC NOMENCLATURE	38
1-5 OVERLAY SYSTEMS	48
1-6 SUM MARY	49
ADDITIONAL F ESOURCES	49
MODULE 2: AUTOMATIC PLOCK SIGNALING AND TRAFFIC CO	ONTROL
SYSTEM	50
2-1 OVERVIEW	51
2-2 BI-DIRECTIONAL ABS	53
2-3 ELECTRICAL WORKING	
2-4 SUMMARY	56
MODULE 3: AUTOMATIC TRAIN CON 1ROJ	57
3-1 OVERVIEW	
3-2 ATC SUBSYSTEMS	58
3-3 ELECTRICAL WORKINGS OF CAB SIGNALS (ATC)	
3-4 SYSTEM SPECIFIC SEQUENCES OF OPERATION	
3-5 SUMMARY	
MODULE 4: COMMUNICATION BASED TRAIN CONTROL	71
4-1 OVERVIEW	72
4-2 CBTC EQUIPMENT	73
4-3 SUMMARY	82

LIST OF FIGURES

Figure 1.1 Three indication Cab Signal Sequence - Courtesy MetroNorth	3
Figure 1.2 Typical Automatic Block Signaling - Courtesy MBTA	5
Figure 1.3 CBTC Illustration	6
Figure 1.4 CIL from the Outside - Courtesy LIRR	8
Figure 1.5 CIL from the Inside - Courtesy LIRR	8
Figure 1.6 Wayside Labeling where the equipment will normally be located	9
Figure 1.7 Signal Case and Components Contained - Courtesy SEPTA	9
Figure 1.8 Wall Mount Signal - Courtesy MBTA	10
Figure 1.9 Pedestal Mount Signal - Courtesy NFTA	10
Figure 1.10 Dwarf Signal - Courtesy NFTA	10
Figure 1.11 Diagran of Searchlight Basic Design	12
Figure 1.12 Phankill unit with glass removed (Source: http://www.trainweb.org/)	12
Figure 1.13 Audio Frequency Transmitter Module - Courtesy GCRTA	12
Figure 1.14 Tuned Impedance Bond - Courtesy SEPTA	13
Figure 1.15 US&S Style W400 Track Transformer - Courtesy SEPTA	14
Figure 1.16 Symbol for a Transformer	
Figure 1.17 Loop Location on a Crossover - Courtesy GCRTA	15
Figure 1.18 Simplified Diamond Crossover Showing Bonds and Loops - Courtesy MBTA	15
Figure 1.19 Diamond Crossover Showing Bonds and Loops - Courtesy MBTA	16
Figure 1.20 Tuned Loop - Courtesy SEPTA	18
Figure 1.21 Shunt Bar - Courtesy MBTA	18
Figure 1.22 Loop Tuning Unit – Courtesy Alston	
Figure 1.23 Loop Tuning Unit - Courtesy GCRTA	19
Figure 1.24 Untuned Loop - Courtesy SEPTA	20
Figure 1.25 Internal View of a Loop Coupling Unit - Courtery GCRTA	20
Figure 1.26 Long Wire Loop - Courtesy MBTA	
Figure 1.27 Example of Information Collected by TWC Loop from Multi-Vehicle Train	22
Figure 1.28 Train to Wayside Loop Uncovered - Courtesy CATS CATS	22
Figure 1.29 Train to Wayside Loop Covered - Courtesy DenverRTD	22
Figure 1.30 PLC communication interface - Courtesy SEPTA	23
Figure 1.31 PLC communication interface Computer Display - Courtesy SEPTA	23
Figure 1.32 Rail Car Labeling Where the Carborne Equipment Will Normally Be Located	25
Figure 1.33 Carborne Package Highlighting Components	
Figure 1.34 Siemens ATP Enclosure for an ATC System – Courtesy Siemens and NTA	27
Figure 1.35 Test Panel - Courtesy Siemens and NFTA	
Figure 1.36 SEIMENS ATP Aspect display unit – Courtesy Siemens and NFTA	
Figure 1.37 CBTC Aspect Display Unit - Courtesy SEPTA	
Figure 1.38 Internal Information Panel - Courtesy Siemens and NFTA	30
Figure 1.39 Magnetic Speed Pickups - GRS	
Figure 1.40 Speed Sensor - Courtesy NFTA	
Figure 1.41 Carborne Antenna - Courtesy NFT	
Figure 1.42 Carborne Antenna - Courtesy DenverRTD	31
Figure 1.43 Carborne Antenna - GRS	

How to Use the Participant Guide

Purpose of the Course

The purpose of the Introduction and Overview to Cab and Wayside Signaling course is to assist the participant in gaining an overview the functions of cab and wayside signals and their associated components.

Approach of the Book

This course begins with an outline, a statement of purpose and objectives, and a list of key terms. The *outline* will discuss the main topics to be addressed in the course. A list of *key terms* identifies important terminology that will be introduced in this course. *Learning objectives* define the basic skills, knowledge, and abilities course participants should be able to demonstrate to show that they have learned the material presented in the course. A list of *key terms* identifies important terminology that is introduced in this course. *Review exercises* conclude this course to assist the participants in reviewing key information.

Module 1

OVERVIEW OF CAB AND WAYSIDE SIGNALING

Outline

- 1-1 **Overview**
- 1-2 Signaling Systems and Principles of Operation
- 1-3 Signaling Equipment
- 1-4 Signal Specific Nomenclature
- 1-5 **Overlay Systems**
- 1-6 Summary

Purpose and Objectives

The purpose of this module is to provide an overview of the types of signaling systems that are present in some rail locations.

Following the completion of this module, the participant should be able to complete the following exercises with an accuracy of 70% or greater:

- Describe theory of operation and purpose of signaling
- Identify related elements of signaling
- Describe interface between territories with and without signaling systems
- Describe operation of different types of signaling systems
- Describe equipment for train to wayside communication (TVC)
- Identify signaling symbols recommended by American Railway Engineering and Maintenance-of-way Association (AREMA)
- Given an aspect chart from your location, demonstrate ability to read the chart and explain the aspect that will be given for various moves on the track 1/
- Describe how overlay systems work
- Identify one type of overlay system

Table 1.1 Summary Chart Comparing ABS, ATC and CBTC

Tuble 111 Summary Chart Comp	Automatic Block Signaling	Automatic Train Control	Communication Based Train Control	Notes
Block Type	Fixed Block	Fixed Block	Moving Block	
Traditional Track Circuit	Yes	Yes	No - uses segments	
Location information	What block the train is in		EXACTLY where the train is within the block	
Will apply brakes	Only if equipped with train stops	Yes	Yes	
Broken Rail Protection	Yes	Yes	NO	
			9/1,	