

# Train the Trainer AGENDA

Day1 – Teaching & Learning	Day 2 – Best Practices	Day 3 – Practice Teaching	Lay 4 - Fractice	Day 5
Module 1 - The Adult Learner  • Welcome & Introductions • Pre-Training Analysis • How Adults Learn • Learning Styles • Characteristics	Module 3 – Teaching Tools & Demonstrations  Instructional Materials: Instructor Guide Participant Guide PowerPoint	Module 4 – Classroom- Based Practice Teaching Round #1  • Pre-Training Prep • Practice Teaching	Module 5 – Lab-Based Practice Teaching  Round #1  • Pre-Training Prep  • Practice Teaching	<ul> <li>Module 7 – Evaluations</li> <li>Instructor Challenges and Solutions</li> <li>Course Evaluation</li> <li>Self-Assessment</li> <li>Post-Training Analysis</li> </ul>
A.M. BREAK	A.M. BREAK	A. Jr. BREAK	A.M. BREAK	A.M. BREAK
<ul><li>Components of Instruction</li><li>Gagne's 9 Events</li></ul>	Instructor Demonstration: • Classroom-Based	Pound #2     Pre-Training Prep     Pra Mc€ Teaching	Round #2  • Pre-Training Prep  • Practice Teaching	<ul><li>Performance Evaluations</li><li>Closing</li></ul>
LUNCH	BREAK + Travel . • Lab	BREAK	BREAK	
Module 2 – The Effective Instructor  • Characteristics • Teaching Methods	Instructor Demonstration:  • Lab Based	Round #3  • Pre-Training Prep  • Practice Teaching	Round #3 • Pre-Training Prep • Practice Teaching	
Learning Environment	LU/CH	LUNCH	LUNCH	
Preparations  • Presentation Skills  P.M. Br. FAK  • Practice Presentations  • Individualized Instruction	Practice Tracking  Overview & Assignments  Preparation for Classroom-Based Practice Teaching	Practice Teaching  Overview & Assignments  Preparation for Lab-Based Practice Teaching	Module 6 - Field Trip Practice  • Field Trip Best Practices  • Instructor Demonstration  • Participant Practice	

## Characteristics of Adult Learners

#### Self-Motivated - Learners must be motivated before they will learn.

Learning requires you to take action—to do something to acquire the knowledge, attitude or skill. Instructors can stimulate interest to aid motivation. But, acult learners have to be self-motivated.

#### Purposeful - Adults must see a use for the material being learne

If the adults cannot see how the subject matter will help them be useful), they won't be inclined to try very hard to learn it. They must see the correction between "background" material and solid, usable job applications.

#### Problem-centered and Logical - Adults must see the Irgic of the material.

All information entering the adult mind is screened by an analytical procedure that rejects, or at least questions, ideas that don't make sense. Adults are problem solvers and use a reasoning mechanism during the teaming process.

#### Experienced and Knowledgeable - A luks learn when they can make "transfers."

Adult learners always have some prior knowledge. They may already understand the basics of the subject, possess considerable misinformation, or may know nothing about the subject. Instructors must use that knowledge to enhance the learning process. This is called the principle of "Transfer."

#### Value Application - Improves learning.

Adult learners need to try out the skills or verbalize the facts just acquired. Instructors should say, "You've just leaned it; now do it, here in the classroom."

#### Desire Part cip tion - Adults warn better when actively involved in the training.

A good rule to follow to the more participation - the more learning. Without active participation learner would be doing the thinking and applying that leads to increased learning.

### Appreciate Rightion - Repetition assists learning.

The world of advertising knows well the effect of repeating a message. The same TV ads run over and over again. They seek to imprint the product on our minds. It's the constant repetition that does this. Repetition works in training, too!

# Teaching Methods: Purpose and Pros and Cons

Method	Purpose	Pro	Con
Lecture	Conveys large number of facts or information quickly	<ul> <li>Quick and easy</li> <li>Accommodates any size group</li> <li>Appeals to auditory learners</li> </ul>	Learning a passive.     Lingted opportunity for Codback     I set ective skills training.
Demonstration	Use for teaching skill mastery and orientation to variety of tasks	<ul> <li>Experts provide training</li> <li>Provides practical application of skills</li> <li>Safe environment to practical skills</li> <li>Develops for ect attitudes, approache</li> </ul>	Dependent on trainer's skilful execution  • Learning is passive; primarily observation  • Limits number of participants  • Requires props
Lab/Field Trip (hands-on)	Use for skills mastery and direct interaction with tasks	<ul> <li>Lean ing is active; pre-erred by adults</li> <li>Provides for practical application of skills</li> <li>Compete cyclevels observable</li> </ul>	<ul> <li>Can be time consuming</li> <li>Unexpected variables</li> <li>Dependent on availability of props and equipment</li> </ul>
Discussion Group	Use to communication concepts and teamwork	<ul> <li>Examines and solves problems</li> <li>Jobs in hulates and based on hall participation</li> <li>Addresses real-life problems</li> </ul>	<ul> <li>Hard to control without skilled leader</li> <li>Requires monitoring an providing feedback to keep focus</li> </ul>
Exercises / Tests (knowledge check)	t se to evaluate new skills and knowledge	<ul> <li>Accomplish the task by interacting</li> <li>Provides clear picture of learners' competency</li> <li>Provides for application of new information</li> <li>Can be oral or written</li> </ul>	<ul><li>Advanced preparation time required</li><li>Can be time consuming</li></ul>

# **Train the Trainer Rubric**

Trainee Name:	Transit Agency:
Instructor:	Evaluation Date: Training Date:

SKILLS CATEGORY	EXEMPLARY	EFFECTIVE	NEEDS ATTENTION	
Instructional Skills [Objectives 3, 4, 7, 8, 9,10 and 11]				
Demonstrated knowledge of subject matter		XO		
Delivered clear explanation of content				
Gave orderly demonstration of procedures during labs				
Gave thorough answers to questions	~'0			
Provided explicit instructions for activities, exercises and lab work				
Conducted lab and/or hands-on session to aid trainees' learning	1,5			
Fostered participation, drawing upon trainees' experiences				
Used a variety of teaching techniques for adult learners	<b>*</b>			
Made smooth transitions between topics and lab procedure				
Monitored time, varied session pace as needed				
Managed pre-training preparations and classroom er vi or ment				
Management of Teaching Tools [Objectives o and 7]	),			
Used Instructor Guide and PPT slides in Cancern				
Followed IG and personalized the text				
Advanced PPT slides smoothly, not reading them vertation				
Described and encouraged use or Coursebook				
Used additional visual aids (e.g. white board, props, flip chart)				
Discussion Management [Cojectives 4, 5, and 8]				
Led lively discussions asking follow-up quastions				
Gained participa ion steach traince				
Manage participant(s) who do himate discussion				
Communications Style [Oxidectives 5 and 9]				
Verbal coar tone; varied base; volume; pauses				
Monveyoal: mover leat/stance; use of gestures; eye contact				
Confident, encycles demeanor				
Adult Learning Theory [Objectives 1, 2 and 3]				
Described characteristics of adult learners'				
Listed and identified Gagne's nine learning events in a module				
Described the ways adults learn				
Comments / Recommendations:			Completion Level:	
			y Successful	
		☐ Succ		
		☐ Incor	nplete	